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ORTHOPEDIC SURGERY, SPORTS MEDICINE

LOWER EXTREMITY INJURY - INTAKE FORM

Name: Age: DOB: Today's Date:

Primary care physician: Referred by:

Occupation:

Sports/Activities:

What area is bothering you? BACK HIP THIGH KNEE SHIN ANKLE FOOT

Which side are you here for today? RIGHT LEFT BOTH

When did your symptoms begin (specific date or in weeks/months/years)?

Was there a specific injury? Yes / No (If yes please describe):

Prior surgery/injury to this knee? Yes / No (Describe)

NATURE OF SYMPTOMS

Is your pain getting: BETTER WORSE SAME
Please rate your average level of knee pain: (none) 1 2 3 4 5 6 7 8 9 10 (worst)

Where is most of your pain?

Is your pain (or other symptoms): CONSTANT INTERMITTENT ASSOCIATED WITH ACTIVITY

Please list activities that are painful/difficult to perform:

Is your pain: SHARP STABBING DULL ACHING

Do you have: a) Pain at night: Yes / No b) Pain with sitting: Yes / No c) Visible swelling: Yes / No

Please circle any of the following that you notice:

LOSS OF MOTION POPPING CLICKING INSTABILITY

Circle any activity that makes your pain worse:

SQUATTING RUNNING GOING UP STAIRS GOING DOWN STAIRS

Does your leg give out? Yes / No Do you notice a painful click, pop, or catch? Yes / No

OTHER SYMPTOMS?

PAST TREATMENT

Medications: Do they help? Yes / No

Injections: Yes / No How many? Most recent Did it help? Yes / No

Physical Therapy: Yes / No How long? Did it help? Yes / No

Other treatment: